

# COORANBONG PRIMARY SCHOOL 'COOEE'

## INNOVATION OPPORTUNITY EXCELLENCE

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Term 4 Week 6  
12<sup>th</sup> November, 2015



### Remembrance Day



This year November 11th marked the 97th anniversary of the Armistice which ended the First World War (1914–1918). This was commemorated by a service at our school run by our school leaders and accompanied by Year 5 and 6.



Mr O'Dell took Imogen and Chloe to a service at Morisset Country Club where they represented our school and laid down a wreath. Our Captains did a wonderful job

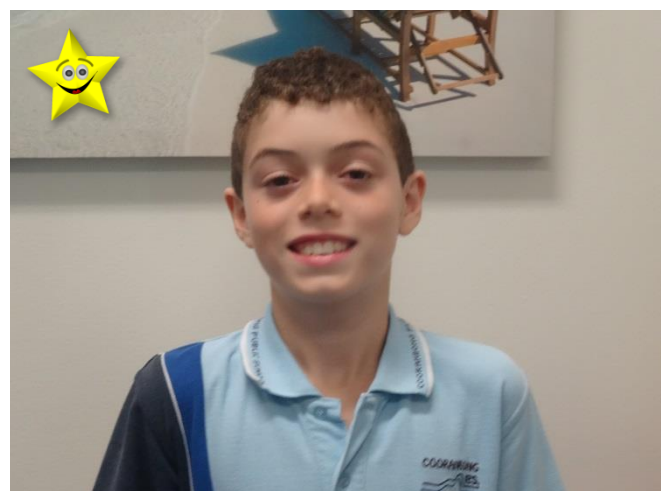
commemorating the fallen service men and women.

### Spelling Star – State Finals!



We are very proud of Bradley who was successful in making it through to the Spelling Bee State finals. A lot of hard work over the years has definitely been beneficial! Congratulations Bradley!

### Maths Star



A huge congratulations to Cooper who has been invited to attend a gifted and talented maths camp in 2016. Our senior students entered the Newcastle Permanent Maths Competition and Cooper earned himself a High Distinction. Congratulations Cooper, we are proud of you!

## Tennis Star



On Saturday 14th November, Eddie will be attending the Coffs Harbour Junior tennis tour. Eddie has been practising with his private coach and group coaching sessions 2 days a week, as well as lots of practice at home with his dad. The knockout tournament is for 12 years and under and Eddie was invited to be a part of this tour which could go for three days depending on the knockout process. Best of luck Eddie!

*"I feel a bit nervous about the tournament because I want to do well,"* Eddie

## Fantastic 2F

Congratulations to our wonderful 2F red indian dancer. Mrs Floyd's class had a wonderful time learning their dance and performing it with lots of smiles and enjoyment all around.



A big thank you to Georgia for taking the time to work alongside Mrs Floyd and teach our students and show them how important and fun the creative arts can be!



## Kindy Transition

Our final Kindergarten transition session for this year was held this week with lots of children excited about having their families with them for the session.







Their buddies in Year 5 joined them and helped them through a variety of fun and engaging activities.



A big thank you to Ms Hamilton and Mrs Tukua for another fabulous transition program. A lot of hard work and dedication has gone into this program and we are very proud of it.



We are looking forward to having our new students join us next year.

All correspondence around next year has been sent to families and Best Start date times organised.



If you have any questions around this please do not hesitate to contact us. If you know of any other students who are wishing to enrol in our school next year, please let us know.



### Disco

Congratulations all of our students who were able to participate in our Rewards Day disco last week.





### "My Dad" – By Bailey



My dad will be representing Australia and fighting Muay Thai in Bangkok, Thailand, at the professional World Cup games. His team flies out of Sydney on 15<sup>th</sup> March next year. He will be fighting at a weight of 71kg. He has 3 fights over 4 days fighting different countries around the world. If he wins the 3 fights, he will be competing for the world belt! I am very proud of my dad!



The evening was a success with lots of fun and games as part of the rewards too.



A big thank you to Mr and Mrs Smith for donating your time and equipment for our children. You are very much appreciated!



## Welcome Mr Smith

Mr Smith is joining us from the University of Newcastle as a prac student for the next few weeks in Mr King's class.



A warm welcome to you Mr Smith, I am positive that your experience at our wonderful school will be very rewarding!

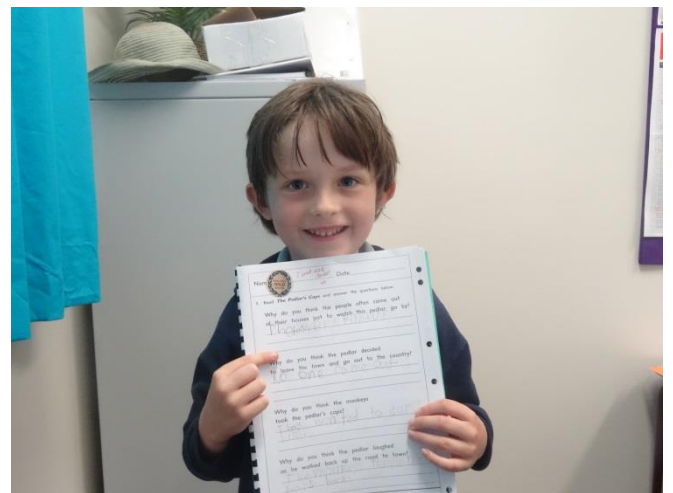
## Important Bus Travel Information –

Beginning in 2016 the School Opal Card will replace the Bus Passes currently being used.

If your child is entering **Year 3** or **Kindergarten next year** please complete an application form at [transportnsw.info/school-students](http://transportnsw.info/school-students). Print, sign and date the completed application, then submit it to the office at school for endorsement

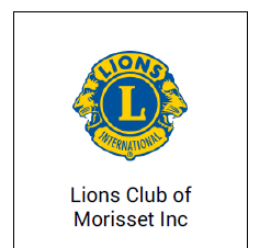


9<sup>th</sup> November to 15<sup>th</sup> November is Planet Ark's National Recycling Week. This week is a great time to send in uniforms that no longer fit your children to be recycled by the P&C or the office. These clothes will be used in emergency situations or be available in the second hand pool at the Uniform shop. Thank you!



## Family Fun Day Update –

Lions Morisset are sponsoring our FREE Jumping Castle at our Fun Afternoon this year. Lions believe in the power of ordinary Australians to create strong, caring and compassionate communities by working together. We say a big thank you to them for their sponsorship.



We are still looking for volunteers for our Family Fun Afternoon for only half an hour



blocks. Please ask at the office or text/ring Kay on 0432 275 276.



## Centennial Coal

Don't forget about the Most Sold Seller Draw. If you would like to go into the draw please return your Raffle Ticket stubs, money and front cover to the P&C box in the school foyer by 9.30am on 13 November. The winning class will be announced at the end of lunch tomorrow. Good luck! There is one more draw to go before the Fun Afternoon.



### White Elephant Stall –

We are looking for donations for the White Elephant Stall which will be held at the Family Fun Afternoon. Donations can be anything from household items, books to toys. Please bring your items into the canteen or office.

### Canteen News

Don't forget Wraps are available Tuesday only and Fruit Salads are available Thursday only.

This week we would like to say a big THANK YOU to our volunteer father's Shane, Apelu and Steve. We are always looking for Dads, Grandpas and Uncles to help in our canteen. Please let the office know if you can volunteer your time.

### Canteen Roster –

Tue 17 November	Kay & Sue
Thur 19 November	Jo & Paula
Fri 20 November	Sarah & Apelu

## IMPORTANT DATES

Thur	19	Nov	P&C Meeting at 3pm
Mon	23	Nov	Learn to Swim begins
Mon	30	Nov	Reading Rewards
Fri	4	Dec	Family Fun Day
Mon	7	Dec	Sports Presentation
Tue	8	Dec	Presentation Day at MHS
Mon	14	Dec	
Tue	15	Dec	Picnic Day
Wed	16	Dec	Students last day

## Eureka Taekwondo Traditional Martial Art For Self Defence

Just Turn Up Or Phone For Info  
all ages welcome.

Held at Cooranbong School in the hall.  
Tuesday afternoons from 3pm till 4pm.  
6<sup>th</sup> Dan Master Instructor Steve Turner

Ph: 0400 002951 or email:

[eurekataekwondo@gmail.com](mailto:eurekataekwondo@gmail.com)

Tuesdays 3pm till 4pm , 1 Free lesson

## Question and Answer Forum Ice/Crystal Methamphetamine

Specialists in addiction, health, education and community welfare will answer all your questions about "ICE" in a "Question & Answer" open forum. Participants will later have the opportunity to personally discuss matters with representatives from various support and treatment organisations.

### Key Speakers

- **Dr Adrian Dunlop**  
Area Director & Senior Staff Specialist –  
Chief Addiction Medicine Specialist Mental Health Drug and Alcohol Office,  
NSW Ministry of Health
- **Andrew Taylor**  
Clinical Nurse Consultant –  
Hunter New England Drug and Alcohol Clinical Services
- **Donna Clancy**  
Clinical Coordinator –  
Hunter New England - Mental Health and Substance Use Service,  
Mater Mental Health Centre

## LAKE MACQUARIE GIRLS ONLY AUSKICK CENTRE



WHERE: **Tulkaba Oval, Teralba**

DAYS: **Fridays**

DATES: **Nov 20 to Dec 11 inclusive**

TIME: **4.30pm – 5.30pm**

COST: **\$20.00**

**Four weeks of NAB AFL Auskick Tuition and activities**  
(girls aged 5-12)

**PLUS AN AFL SHOWBAG**

(including a pink footy, cap, water bottle, swans stickers  
and much more)

To register and pay online go to [www.aflauskick.com.au](http://www.aflauskick.com.au)

Enter the postcode 2284,

click on Lake Macquarie Girls Auskick Centre & follow  
the prompts

**For more information email**

[craig.golledge@aflnswact.com.au](mailto:craig.golledge@aflnswact.com.au)

## ADVANCE ACADEMY OF GYMNASTICS TORONTO

### SUMMER GYM CAMPS

January school holidays.

8am to 4pm

Plus 2hr hour and 4 hour Clinics

Enquiries 4959- 9333

email: [aagatoronto@gmail.com](mailto:aagatoronto@gmail.com)



Have you seen our Facebook page?

If not, please have a look, follow our  
posts and "Like Us". ☺



SunSmart Snippet

## The simplest way

...to get your vitamin D!

Did you know:

- Our bodies make vitamin D when skin is exposed to sunlight?
- We need vitamin D as well as calcium to maintain good health, in particular to keep our bones and muscles fit and strong?
- Sun protection is required when UV levels are 3 and above?

Does sunscreen stop vitamin D?

- Sunscreen filters out most, but not all UV radiation.
- People who use sunscreen regularly (when UV levels are 3 and above) don't have lower vitamin D levels than people who do not use sunscreen.



To help keep your kids safe in the sun, check your schools SunSmart status by heading to [www.sunsmartnsw.com.au](http://www.sunsmartnsw.com.au)



 **schoolstream**  
A smart solution for smart schools

Our school would love you to download this FREE App to your phone or tablet. It is a great way to know instantly what is going on at school. You can also send an absentee note via the app... the school then has instant notification that your child is absent from school on the day! Users of the app. so far are loving it!

Find the Play Store on your phone or tablet, search for School Stream and once loaded add Cooranbong Public School.



Australian Government

Office of the Children's eSafety Commissioner

# How to report cyberbullying material



**1** Report the cyberbullying material to the social media service

**2** Collect evidence — copy URLs or take screenshots of the material

If the content is not removed within 48 hours ...

**3** Report it to [www.esafety.gov.au/cyberbullying-complaint](http://www.esafety.gov.au/cyberbullying-complaint)

**4** Block the person and talk to someone you trust

If you are in immediate danger, call Triple Zero **(000)**.

If you need to talk to someone, visit **Kids Helpline** online or call them on **1800 55 1800**, 24 hours a day, seven days a week.