

COORANBONG PUBLIC SCHOOL

Innovation Opportunity Excellence

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Thursday 1st August, 2019

Important Dates to Remember

Friday 2 Aug	Assembly Kinder-Yr 2 @ 2pm
Monday 5 Aug Friday 9 Aug	Education Week
Monday 5 Aug	Art Attack 3-5pm
Thurs 8 Aug	WSLA Award Ceremony @ MHS
Friday 9 Aug	Open Classrooms 10.30am-11.30am Cupcake Stall for Kids With Cancer
Monday 12 Aug- Wednesday 14 Aug	Stage 3 Canberra Excursion
Monday 12 Aug	Zone Athletics
Tuesday 13 Aug	K-2 Science Day
Thursday 15 Aug	Stage 2 Public Speaking Comp. Assembly Yrs 3-6 @ 2pm
Friday 16 Aug	Assembly Kinder-Yr 2 @ 2pm
Monday 19 Aug	Book Week Parade/Author visit Art Attack 3-5pm
Tuesday 20 Aug	Stage 3 Public Speaking Comp.
Thursday 22 Aug	Year 6 Science @ MHS
Friday 23 Aug	PBL Rewards Day

PRINCIPAL'S NOTE

Dear Parents and Carers,

Welcome everyone to Term 3 - a time when there is a lot happening at our school.

Canberra Trip

Staff and students are getting excited about their big trip to the nation's capital. Parents and carers are reminded to make sure that all the instructions from staff as to what to take on the trip are followed. This will ensure a fun time for all.

NAIDOC Celebrations

Schools generally celebrate NAIDOC Week after Term 2 holidays as the official week falls during the school holidays. At Cooranbong we will be celebrating aspects of aboriginal culture in a fun and exciting way.

Spelling Bee

Mrs Fraser has been very busy organising the fun event. It is very pleasing to see how many children were keen to compete and be part of this.

School Upgrade

The painting continues and the finished buildings do look much better than before. We will have a visit from the Asset Management Unit to inspect our school and see what further improvements can be made.

Education Week

Education Week runs during Week 3 and to celebrate this year there will be "Open Classrooms" on Friday 9th August from 10:30 to 11:30am. On Thursday at Morisset High School at 4pm the Western Shores Learning Alliance (WSLA) will be holding their Annual Award ceremony.

Congratulations to our nominees:

"Outstanding Contribution by a School Community Member" is Belinda McGill

"Outstanding Contribution by a Non-teaching Member" is Lisa Bainsfair

"Excellence In Teaching" is Ms Kerrie Hamilton

"Excellence In Student Achievement" is Samuel C.

Peaceful Kids

Ms Hamilton, Mrs Le Roux and Mrs Kingham will be starting a fantastic program called "Peaceful Kids". The aim of the program is to give students the skills to be able to handle and understand their emotions and develop life skills to be more resilient and to flourish. The program will start off with small groups and will run to the end of the year.

School Enrolments

This time of the year we start the planning for next year, especially around how many children will be attending Cooranbong P.S. This will determine how many teachers we will have and the level of funding we will receive. So it is important that we know how many children will be enrolling for 2020 especially in Kindergarten. If you know of any parents and carers who have children ready to start school please advise them to start the process now.

Jim Myers
PRINCIPAL

K-6 Update

Education Week Open Day

Friday 9th August from 10.20am -11.30am - Open classrooms

Friday 9th August from 12.00pm in the hall for Kinder-Year 2

Friday 9th August from approx 12.45pm in the hall for Years 3-6 after K-2 have finished. We will have an interval at recess if need be.

Kinder-Year 2 children will present only to Kinder-Year 2. Those students presenting have a note.

Public Speaking

Kinder-Year 2 and Years 3-6 Public Speaking competition is next Friday. Kinder-Year 2 will be from 12pm .

Spelling Bee

Well done to all students that participated in the Spelling Bee! All of the Years 3-6 teachers were so pleased with everyone's efforts in class and willingness to have a go.



K-2 Science Day Week 4 – Tuesday 13th August

K-2 will be celebrating by having a K-2 Science Day. Classes will be participating in a range of engaging science experiments and activities. To make learning more exciting, we would like students to come with crazy scientist hair!

Year 5/6 Camp Week 4 – Monday to Wednesday

A note with details of what to bring has recently been sent home. Please contact your child's class teacher if you have any questions.

NAIDOC Celebrations

We have been learning about NAIDOC week in our classrooms this week. To celebrate, we had the very entertaining, Sean Choolburra from NEXUS Art, come and present an engaging (and hilarious!) show to all of K-6. Between dancing, music and lighting fire, we had a ball!



Children's University – University of Newcastle Excursion

In Term 2, Mrs Nicholson and I took our Children's University students to Newcastle University for an "on-campus discovery day" and had the privilege of exploring several faculties. Our students participated in workshops in Occupational Therapy, Physical Education, Soil Science, Hunter Water and Dietetics and Nutrition. Throughout these workshops, students were able to ask questions of the university lecturers and completed activities to enhance their understanding of the subjects. All students demonstrated our expectations of respect, safety and engagement. It was an absolute pleasure to take all these students on a tour of the university and share in their learning

Mrs Brown

Zone Athletics Carnival

Congratulations to the following students who have qualified to represent Cooranbong PS at the Zone Athletics carnival to be held at Hunter Athletics Centre, 12th August 2019:

Zayd A	Latelle R	Lincoln S	Svetlana S	Junior L
Jack B	Oliver C	Harry T	Kooper W	Finn C
Izabell D	Zara G	Phoebe B	Dakodah M	Chloe E
Amelia W	Kristina S	Tiara M	Zephaniah I	

All notes and money are due back by 7th August. If, for any reason students are not able to attend the Zone carnival, please contact Mrs Brown.

Cupcakes for Kids with Cancer

In week 3 Cooranbong Public School will be hosting a cupcake stall, to raise money for the John Hunter Children's Hospital Oncology Ward. This is a WSLA initiative that sees all schools and sporting associations in the area host a cupcake stall throughout the year. CFKWC is close to raising a combined total of \$50,000 over the four years.

In Week 3 we will be asking for donations of cupcakes for the stall. These will be sold at the open day (Friday 9th August). Further information will come home with students early next week.

Children's University Work Shop

Do you have a passion for a particular topic? Do you have a unique skill? Can you spare 2 hours later this term? If you answered YES, then we would love to hear from you!

Our Children's University students will have the opportunity to participate in an after school workshop, here at Cooranbong Public School, later this term. We are on the hunt for members of our local community that can share a skill with our students – it could be anything from balloon artistry to knitting to animal care or science experiments. If you think you can help, please see Mrs Brown or Mrs Nicholson.

Premier's Reading Challenge

Congratulations for completing the Premier's Reading Challenge in 2019 Jett S., Alistair B., Maridian J., Mason T., Taylor T., Spencer H., Zak S. and Magellan J! I am looking forward to naming many more students in the newsletter for finishing the PRC. Each student who completes the PRC will also be rewarded with a merit certificate. Keep reading for the Premier's Reading Challenge, which closes at the end of August.

A big thank you to Mrs Harding and Mrs Huber for covering many new Library books.
Your help is much appreciated.

Book Week

The Book Week theme for 2019 is '*Reading is my Secret Power*'. I have been questioning children about how reading could be considered a secret power and have been given amazing answers! Students at CPS recognise that reading helps us to become more intelligent, allows us to use our imaginations and provides us with opportunities to experience new things.

Our Book Week celebrations will be held on Monday in Week 5 (19th August). The morning's festivities will include an author visit, and from 2pm, students will be participating in a book parade. Students are encouraged to dress up as either a book character with secret powers (eg. Matilda, Harry Potter, Captain Underpants) or as their favourite super hero. Our visiting author this year is the talented Jess Black, who lives in Newcastle. Please feel free to go to her website to find out more about her wonderful books - <http://www.jessblack.com.au/>

Gardening Group

A huge thank you to Missy M. for giving up time in her holidays to help create a lovely new gardening area. We raised \$40.00 from the Return and Earn program in Term 2!! Keep up the great work Cooranbong. Please continue to bring in plastic lids for future displays.



P&C News

Welcome back to school for Term 3 Cooranbong families, we hope you had a lovely break!

We have a few things coming up at school this term. Firstly just a reminder that we are holding a Sausage Sizzle for Education Week and order forms/money need to be returned by Monday 5th August. If you need another form there are spares in the front office. We will also be holding a Fathers Day stall and BBQ next month so keep your eyes out for a note for this in the coming weeks.

As you all may already know we have issued a new canteen price list as unfortunately we have had to increase prices on some items. Please refer to this new one when placing an order at the canteen or online.

Thank you
Tracey O'Sullivan
P & C President

SCHOLASTIC BOOK CLUB

Brochures were sent home last week for the latest issue of Book Club
Please have your orders completed by Friday 12th August.

Domestic Violence Group

A four week group for women who are currently, or have been in the past, controlled by their partner

Gain awareness of equal versus unequal relationships and build skills for positive change

Community Activities Lake Macquarie
(CALM) located at
77 The Boulevard, TORONTO



Thursdays 1st, 8th, 15th & 22nd August
(Attendance at Week One is essential)
9.45 am (10.00 am start) to 12.30pm
Cost \$20 for 4 weeks
Morning tea provided
Expressions of Interest: Phone 49682511

Preference given to those who have not attended this workshop before



Funded by Hunter New England Local Health District

Piano & Guitar Lessons

Experienced Music Teacher

Beginners, Classical, Jazz
Martinsville Rd (close to Cooranbong Primary School)

Robert 0433 986 298

Email: robert@spellboundweb.com

Cupcakes for kids with cancer

Purchase a cupcake or a scrunchie and support the John Hunter Children's Hospital Paediatric Oncology ward.

9th August 2019
Cooranbong Public School



Facebook: Cupcakes for Kids with Cancer
Email: cupcakesforkidswithcancer@gmail.com

eSafetyparents

Your child's first smartphone – are they old enough?

Children often have access to devices, including smartphones, from a very young age. Whether it's watching their favourite program through streaming services on your phone, using educational apps or simply viewing photos with you and the family, they are engaging with devices in one form or another.

But when is my child old enough to be given their own mobile phone?

In 2012, the Australian Bureau of Statistics revealed children as young as five years old owned a mobile phone – two percent of children aged between five and eight years old, and 29 percent for children aged five to 14 years. This figure is likely to be higher now!

For many parents and carers, five years old would seem too young. For others, it might offer them peace of mind and security to know they can keep in touch with their child—especially in an emergency.

The right age for your child will depend on their level of maturity. It's worth asking yourself the following questions before handing over a digital device.

- Does my child have a good sense of responsibility?
- Are they able to stick to the rules?
- Do they show a good understanding of actions and consequences?
- Do they come to me or another trusted adult when they are distressed or encounter problems?



For younger children it's best to start with a mobile phone without internet access, and introduce a smartphone when they demonstrate an appropriate level of maturity. Some younger children might argue that they are ready for a smartphone, especially if their friends already have one. But it's worth holding out until you feel confident that your child is mature enough.

My child has their first smartphone – now what?

When your child receives their first smartphone it's a great opportunity to instill safe online behaviours early on, so they can carry these skills through to their teens and beyond.

Here are some tips for getting them on board with good online habits.

Establish rules at the outset with clear boundaries

Talk about expectations and the consequences for not meeting these rules. Depending on the age of your child, you might want to set up a written signed agreement which lists the rules.

Here are some you may want to agree on:

- No phones after a certain time (i.e. 8.00 pm) – unless in an emergency.
- Keep to daily screen time limits (i.e. 1 hour per school night).
- Family time is a no-phone zone (i.e. dinner).



Circle of Security PARENTING SERIES

Parenting can be tricky for everyone at one point or another. Circle of Security provides a roadmap for parents to look beyond their child's behaviours and develop an understanding of how to meet their child's underlying needs they are expressing. Circle of Security focuses on the relationship we have with our children, so we can give them the emotional security they need.

Come along and join **Jen** from Nar-un-bah and **Kath** from Community Activities Lake Macquarie in this 6 week group.

When: Commences Friday 16th August 2019. Runs for 6 weeks!
Dates: 16th August, 23rd August, 30th August, 6th September, 13th September & 20th September
Time: 10.00 am – 12.00 pm
Where: Narunbah Schools as Community Centres
Fennell Bay Public School, Bay Road, Fennell Bay
Bookings: Please phone Kath on 4950 3855
Child minding: Limited places available

Bookings Essential



Circle of Security INTERNATIONAL
Early Intervention Program for Parents & Children

CALM
Family Support
A project of Community Activities Lake Macquarie

Teralba Lakesiders Fishing Club

CATCH & RELEASE JUNIOR FISHING TOURNAMENT

Club/Schools
Team Challenge



Sunday 3rd
November
2019

Fishing tips session
Friday 1st November
5pm to 6pm
with awesome
angler
Jason Nunn.

Presentation
3pm Teralba
Bowling Club

All anglers anglers receive a hat, brag mat and the chance to win a \$200 prize pack. First 40 registered get a bonus neck buff courtesy of Michael guest

FREE ENTRY

Loads of extra prizes
Get your team of 4 together from your
School or fishing club now.

Entries close 25-10-19
contact Michele on dangeranger@optusnet.com.au
or Ian on ian.guy@westnet.com.au

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